

# Change your story change your life

## SHAMANIC + ENERGY MEDICINE WORKSHOP with LINDA FITCH, 5th - 8th FEBRUARY 2015

We all seek to create a life full of joy, health, purpose and abundance. Yet many of us, despite years of self-examination, therapy and personal growth work continue to feel trapped by old stories. In this workshop you will experience the power of Shamanic Energy Medicine to shift your story and create a new destiny. Come work with the energies of the earth, learn to journey and find a power animal, explore the patterns that hold and bind you and learn how to gracefully let them go. This four day course covers:

### Day 1: Introduction

Here we introduce shamanism and energy medicine and teach you how to journey to find a power animal. You will take a deep look at your story, including all the chapters to find what is stopping you from creating what your soul longs for. We finish the evening with an Aya Despacho.

### Day 2: Shifting the Old Family Patterns

Here we explore the core relationships that continue through time to inform your current story. We will introduce new shamanic energy medicine skills including learning about and experiencing Soul Retrieval, a grief altar, a flower ceremony,

and processes that heal the karmic and primary relationships that effect everything in your story. Today you are dismembered then re-birthed into the world.

### Day 3: Manifesting Your New Story

Here we work with areas that stop you from manifesting what you want and we explore the masculine and feminine in a way that makes everything clear. We add shamanic energy medicine skills including looking at the Grids that hold you and where you become fragmented, and practice soul remembering by using the Celtic death rites. You will explore the past patterns that you continue to project on the world and learn a process to journey

back before the limiting pattern began and bring in resources to shift time. If time allows you will re-remember your assignment that continues to bring to back to a place of stillness. We finish the evening with a Blackfoot style fire.

### Day 4: Creating the New Story

Here we finally look at the Creating the New Story and walking the path of Service with Spirit. You create what your soul longs for and working with sacred time weave a destiny line that will source you. You learn the peace and stillness of the master shaman through aligning completely with spirit to create what you want outside of time.



**ABOUT LINDA:** Linda is a practicing shaman who has studied with the Inka of Peru for over sixteen years. She has trained hundreds of students in shamanic healing techniques, with a special emphasis on conscious dying. She is the former CEO of the Four Winds Society, Dean of the Light Body School and developed the Dying Consciously Teacher Training program. Linda's programs are a combination of her experience in NLP, shamanism, grief and ritual, archetypes and classic Psychopomp work. She is known for her ground-breaking classes and workshops and has led ten expeditions to the holy mountains of Peru. Linda is in high demand around the world and her workshops have helped countless hospice workers, grief counsellors and intuitives to better serve their clients and their communities.

**WORKSHOP NUMBERS ARE STRICTLY LIMITED - SO PLEASE REGISTER QUICKLY!**

**WHERE:** Neotouch Craniosacral Institute and Clinic, 409 Lake Road, Takapuna. **WHEN:** Begins 1pm on 5th Feb, ends 12noon on 8th Feb. **COST:** Earlybird US\$450 / Full price US\$495. **CONTACT:** Kama Brown on 021555765 / email: westcoastsky@gmail.com ASAP for more info and to book your place.