



114 Ness Valley Road, Clevedon 2585
Phone 09)2929014 or 021465033

Pathways ~ We are UNIQUE ~ This is an invitation to walk with our wonderful Horses and travel your unique journey of **"All you are born to be".**



The dates shown are for a series of workshops where different topics will be presented on the Dates specified.

You may attend one or all workshops . Workshops must be prebooked.

An "Arobridge-Equine First certificate of Attendance" for each completed workshop will be presented.

The following quotes sum up my emotions/ feelings/ thoughts.

I breathe in love with gratitude and reverence. I breathe out love without condition or expectation. Every breath is a sacred and extraordinary gift.

www.meditation.org.au

**Everywhere and Nowhere ~ Always / ALL ways
~Intertwined ~ Everywhere : Kathy Marx**

Kathy Marx:
Eponaquest Instructor (RFI)
Eagala Trained Equine Specialist
Meditation Coach
Flower Essences
Intuitive & Spiritual Healing

Workshops Date and Topic

- **Monday 9 May 2016**
- **Accessing your inner wisdom & knowledge**
- **Discover a Deeper awareness**

- **Wednesday 18 May 2016**
- **Emotional Strength & Agility**
- **Boundaries.**

- **Monday 6 June 2016**
- **Authenticity**
- **Leadership**

- **Monday 13 June 2016**
- **Explore your Shadow Side**

- **Wednesday 15 June 2016**
- **Meditation with Horses**
- **Healing with Horses**

**10am - 3pm each day
Cost \$200 per person per day**



Contact Kathy on
Phone 021465033 or
Email: arobridge@gmail.com

Enclosed footwear must be worn at all times.
Please bring your own lunch ,clothing to suit weather conditions, sunscreen, insect repellent, and a notebook.
Tea, Coffee, snacks and Water will be provided

